

# **Change the future of our community**

Just imagine if every child in the Twin Counties was healthy and reading on grade level by the end of the third grade. Imagine healthy kids and a thriving, economic community. What if we put more resources into supporting programs and services for our youngest children?

We all want the same thing - a safe place to live and work, good schools, good health and a brighter future for our children. Can we count on your involvement and financial support this year? Your donation will:



## Improve the lives of children

The future of our workforce depends on literacy goals being met. Nash and Edgecombe counties were selected as one in 5 coalitions across the state to be a part of the National Campaign for Grade-level Reading. This is a tremendous honor. This campaign did not come with funding, but we have a great coalition of partners who formed Twin Counties Read to Rise to help ensure every child is reading on grade level by the end of the third grade.





## Create a better economy

Increasing investment in early intervention makes our workforce healthier and our economy stronger. We have developed the Healthy Kids Collaborative as a way to change health outcomes and improve learning environments. Through nutrition education and an active lifestyle, risk factors for chronic diseases such as cancer, stroke and diabetes are lowered.





#### Make an investment with great returns

Participants in high quality early childhood programs have higher earnings, pay more taxes and are less likely to rely on government assistance. Researchers tell us the highest rate of return in early childhood development comes from investing as early as possible, from birth through age five, in disadvantaged families. The majority of such returns are to the community.



Your donation today will be recognized on our website and at our 2018 Week of the Young Child celebration in April and in net year's Community Impact Report. Please contact us at 252-985-4300 if you have questions or need more information. Thank you for your time and support.

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# **Down East** Partnership for Children

# **Growing Our Community Together**

**Annual Giving Campaign Donation Card** 

I/We pledge the following total gift amount \$\_\_\_\_\_ Down East Partnership for Children, a 501(c)(3) nonprofit organization.

0	To b	e paid	today,	with	check	enclosed	or	casł
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O To be paid online with a credit/debit card

Please invoice me for this donation

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at www.	.depc.org/donate

**ADDRESS** 

NAME

**EMAIL** 

Please make checks payable to DEPC, PO Box 1245, 215 Lexington Street, Rocky Mount NC 27802

\*DEPC is qualified as a charitable organization under Section 501 (c)(3) of the Internal Revenue Code. Contributions to DEPC are tax-deductible to the extent permitted by law.\* Thank You!

# **OUR MISSION**

Launching every child as a healthy, lifelong learner by the end of third grade!

# **OUR VISION**

We believe that all children and their families can reach their full potential when surrounded by a united and supportive community.

# **OUR GOALS**

- 1. Health and Development are on track beginning before birth
- 2. Families are engaged and communities are coordinated
- 3. Early care and education are high quality
- 4. Teaching and learning environments for K-3 students are effective inside and out, 365 days a year



# **Board of Directors**

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# MAKING AN IMPACT IN OUR COMMUNITY

16,352

Children 0-8 years old in Nash & Edgecombe counties

11,102



Children benefited from parent education and support programs

821 Children benefited from DEPC child care scholarships and NC Pre-K



1,288 hours of service were given by 297 volunteers

**738** Early care professionals participated in child care quality training

3202
People visited the Family Resource
Center this year



# **Creating a Better Economy**

The earlier the investment, the greater the return.



# WHY WE NEED YOUR SUPPORT

## **LITERACY**

61% of children in Nash and Edgecombe Counties are NOT reading on grade level by the end of the third grade



#### HEALTH

Too many children and adults are obese or overweight

of children in Nash & Edgecombe are obese or overweight. 65% of adults in NC are obese or

overweight.

Healthy food options are often not available or affordable

in 4 children in NC face food insecurity. 23.5% in Nash county and 28% in Edgecombe county live in Food Insecure Homes











# **SCHOOL READINESS**

# Too many children are starting school at risk for school failure

Quality early care, literacy, summer learning, school attendance are all important to early school success. Risk factors include: living below the poverty level, mothers with less than a high school diploma, single parent home, primary language spoken at home is not English.

#### **POVERTY**

Over 1/3 of children in Nash and Edgecombe counties currently live in poverty.

# **2016-17 HIGHLIGHTS**

# Twin Counties Read to Rise Supporting Nash & Edgecombe Counties

# **Twin Counties Read to Rise Launched**

The single greatest predictor of future academic and career success is reading on grade level by the end of the third grade. This year, Nash and Edgecombe counties joined the Campaign for Grade-Level Reading (GLR), a nationwide movement to increase early reading proficiency. As a result, a coalition across Nash and Edgecombe counties called Twin Counties Read to Rise was created to support strategies beginning at birth that put children on a pathway to grade-level reading by the end of third grade. Join the work of Edgecombe and Nash partners to help our community clear the pathway to success for our children.

**Bailey Elementary** Boice-Willis Clinic **Boys & Girls Club Braswell Memorial Library** Communities in School **Cummins Rocky Mount Engine Plant** Down East Partnership for Children

**Edgecombe County Public Library Edgecombe County Schools Harrison Family YMCA** 

Head Start, N.E.E.D., Inc. Nash-Rocky Mount School District Nashville Baptist Church

**Peacemakers** PNC Community Foundation Rocky Mount Children's Museum & **Science Center Teach for America** United Way of the Tar River Region

# **Farm to Child Care**

**Learning Stones** in Edgecombe County and St. Stephen's Loving Day Care in Nash



County were part of a Farm to Child Care pilot program in North Carolina this year. The program is designed to bring North Carolina grown fruits and vegetables into

child care facilities for meals and snacks. The statewide pilot, funded by the W.K. Kellogg Foundation, was developed by the Center for **Environmental Farming Systems and facilitated** locally by DEPC. Partners included Working Landscapes, Cooperative Extension, and Conetoe Family Life Center.



81,691 meals were served at Summer Feeding/Learning Sites

DEPC provided coordination and support for sites to incorporate a physical activity and literacy component this year.

# **Faithful Families**

getting healthy and making changes as a part of the Faithful Families Eating Smart

faith communities. As a result, communities are making changes in their diets, exercising more and make better choices. Some churches have also implemented policy changes to prepare healthier meals at church activities. Deacon Ed-die Norfleet of St. Stephens Missionary Baptist

# **Book Donations Support Latino Hispanic Families**

Our thanks to The Rocky Mount Telegram for the donation of books to area Latino Hispanic families. The Telegram provided this resource to promote literacy. We'd also like to recognize the book drives coordinated by the Rocky Mount Chamber and

many of DEPC's wonderful faith-based partners. If you would like to organize a book drive in your community, please contact us at 252-985-4300.





Athletes from Rocky Mount Senior High School teamed up with F.I.T. families to promote staying active 60 minutes each day. To see the full campaign, visit www.depc.org/F.I.T.

#### Online Tool for Parents Now Available

DEPC introduced free online child development screening tools using the Ages and Stages Questionnaire (ASQ®). The ASQ® tool is fun, doctor-recommended, and teaches you to recognize Ages & Stage developmental milestones and support your child as Ouestionnaires they grow. Visit www.depc.org to check it out!



# **Positive Parenting Program** a Resource for Families, Businesses

DEPC provides support to more than 70 Positive Parenting Program (Triple P) practitioners and has doubled the number of families and children served over the past year. Triple P doesn't

tell people how to parent, rather, it gives them simple and practical strategies they can adapt to suit their own values, beliefs and needs. Triple P is also different because it is not a "onesize-fits-all" program. It's a system that offers increasing levels of support to meet parents' different needs. Parents can choose anything from attending a large public seminar, a small discus-



sion group or receive individual support from a DEPC accredited Triple P staff member. Triple P Tip Sheets and workbooks are utilized to help facilitate discussion regarding a parent's specific need, a seminar or discussion group topic.

# Early Care & Education

High quality care makes a difference



Of children in child care

88% 72%
in Edgecombe in Nash
County and County
are in the highest quality care.







**7,200** books were distributed in 7 medical clinics during well visits

554 children participated in the Raising a Reader program



73% of parents surveyed say they are reading with their children more each week.

**86** children and 74 caregivers participated in Playgroups at three sites (Nashville Library, Braswell Library and DEPC)

"She has been able to interact with other children her own age which has enhanced her social skills. She has also been given a head start in education."

-- Scholarship Parent

738 early childhood professionals participated in education and training offered by DEPC

# **Early Care & Education Programs**

Child Care Resource & Referral Farm to Child Care Smart Start Scholarships NC Pre-K Coordinated Subsidy Healthy Social Behavior Shape NC Infant Toddler QI Project Professional Development
Director & Teacher Leadership
Raising a Reader
Ready Schools
Ready Communities
Early Childhood Transition
Preschool-Kindergarten
Transition

# Health

# Health and development on track beginning before birth.

This year, DEPC reached more than 6,272 children and adults through health-based initiatives

#### Every \$1 spent on quality nutrition education saves as much as \$10 in long-term health care costs,

#### As a result:

- 94 % of children are more willing to try fruits and vegetables as a result of gardening
- · Fewer families go hungry
- Nutritious foods are more accessible
- Participants say they know more about healthy food options after connecting with DEPC
- More families are active and play 60

minutes each day. 85% of surveyed parents report an increase in daily physical exercise

After school programs, child care centers,

faith community and housing authority partners are promoting healthy food choices



• More gardens are available to the public

DEPC facilitates programs to increase the percentage of children at a healthy weight through the following strategies:

- 1. Increase physical activity
- 2. Increase consumption of fruits and vegetables

**89%** of participating child care centers increased healthy foods on their menus (GO NAPSACC)



100% of participating churches in Faithful Families implemented policies and practices focused on healthy eating and efforts to increase the physical activity of their congregation

## **Health Programs**

Circle of Parents Reach Out and Read Outdoor Learning Environments Triple P Parenting Program Healthy Kids Collaborative Families Involved Together (F.I.T.)
Faithful Families
Food for Thought
Summer Feeding/Learning Program
Ages and Stages Questionnaire
SNAP-Ed Health and Nutrition

WAGE\$

# Families & Communities

# Engaged families & coordinated communities

This year, DEPC connected community and faith-based partners to coordinate a variety of initiatives that support health and literacy in our community. A few highlights:



• Faith Based Initiatives: West Side Church of Christ coordinated two faithbased initiatives for Latino Hispanic families at Edgecombe County Public School Migrant Program including a book drive to increase literacy and a backpack drive to provide supplies to families.

 Community Fellows: 16 leaders graduated from the Community Fellows program this year and are engaged in volunteer

opportunities such as Read Across America, the Week of the Young Child, Millionaire Mom Breakfast at Baskerville Elementary, Kindergarten Canvassing at Food Lion and Family Fun Day at Sunset Park.



• Great collaboration with **Rocky Mount Housing** around health outcomes by facilitating the connection of Cooperative Extension to facilitate a 6 week Cooking Class for both sites. Ready Communities successfully facilitated two 4 week Nutrition Education Classes at Rocky Mount Housing where 100% of the residents surveyed reported increased knowledge and awareness healthy eating and active living strategies.



Supported the creation of two **community gardens**. Residents working in the gardens were exposed to fresh fruits and vegetables and named themselves "The Garden Girls" as they maintained the gardens, picked fresh fruits and vegetables and incorporated

the produce into their menu planning and provide produce for other Housing residents.

• All Pro Dads: DEPC connected 3 new faith-based partners to All Pro Dad schools at Englewood, G.W. Bulluck and Coker Wimberly. A new chapter was started at Carver Elementary. There are 13 All Pro Dad programs in Nash and 7 in Edgecombe.

## **Family & Community Programs**

Family First
Flex Funds
Kaleidoscope Playgroups
Incredible Years
Outdoor Learning Environments
Family Resource Center
Technical Assistance
Families Involved Together (F.I.T.)
Campaign for Grade Level Reading

Raising a Reader
All Pro Dads
Faithful Families
Community Fellows
Triple P Parenting Program
Circle of Parnts
Dolly Parton Imagination Library
CCR&R Consumer Education

# K-3 Environments

# Effective teaching and learning for K-3 students, inside and out, 365 days a year

Highlights from the year:

#### Attendance Matters

Coker-Wimberly, GW Bulluck, Baskerville, and Williford Elementary Schools participated in "You Must be Present to Win" during the 2016-2107 school year. In an effort to decrease student absenteeism, children were recognized when they were identified as "being present" during the school day.

The Twin Counties Read to Rise initiative is promoting **Attendance Matters: All Day, Every Day** to address attendance. Attending school on a regular basis will help improve reading scores. Visit DEPC's website for more information or to access resources for parents.



#### **Celebrating Model Schools in Health!**

GW Bulluck Elementary School is well on its way to becoming a "model" school recognizing the importance of health on student and family success. A School Community Team – known as the Wellness Team meets monthly to coordinate activities. An annual "Walk at School Day," a walking club



for students and staff, nutrition and gardening lessons led by FoodCorps service members, and a bi-weekly afterschool gardening club (65 children participate) highlight the school health initiatives. North Carolina Active Routes to School (ARTS) and

FoodCorps North Carolina are collaborative partners in the work. Additionally, three classrooms tout hydroponic systems, growing plants in water rather than soil, as a hands-on learning opportunity for young children. The school is working to improve the Pre-K outdoor learning environment and build an outdoor adaptive playspace in 2017-2018. Let us salute GW Bulluck – it's leadership, staff, families and children for their efforts to improve the lives of their children!

94% of children in school garden clubs increased their willingness to try fruits and vegetables!

#### **K-3 Environments Programs**

Ready Schools Ready Communities Outdoor Learning Environments SPARK training for afterschool providers

Summer Ready and Feed Campaign for Grade Level Reading All Pro Dads Food Corps Attendance Campaign

# FINANCIAL OVERVIEW

# **Expenditures**

# **Programs & Support Services:**

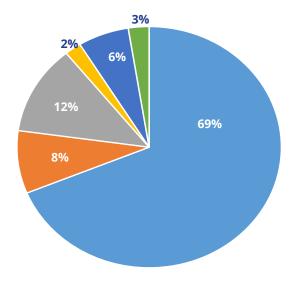
Child Care Subsidy	\$3,928,704
Child Care Resource & Referral	\$480,229
Family Support	\$685,825
Ready Schools/Ready Communities	\$115107
Healthy Kids Collaborative	\$356,381
Research & Evaluation	\$144,585
<b>Total Program Services</b>	\$5,710,831
Management and General	\$505,153



# **Assets**

(Unaudited)

<b>Change in Net Assets</b>	-\$75,683
Net Assets, Beginning of Year	\$612,292
Net Assets, End of Year	\$536,609



# **Programs & Services Expenditures**

- **Child Care Subsidy** 
  - **Child Care Resource & Referral**
- **Family Support**
- **Ready Schools/Ready Communities**
- **Healthy Kids Collaborative**
- **Research & Evaluation**

# 2017 Week of the Young Child Sponsors







## **Barnhill Contracting Company**

Metro Maintenance Sheetz Woodforest National Bank

#### Friend

Standard Insurance Universal Leaf Lela Chesson Stacy Jesso

#### **Donation**

Allen's Nursery G.W. Bulluck Elementary

#### In-Kind

Chick-fil-a Joyner Media Strategies





Thank you to our donors! To view a full list of donors, visit www.depc.org or click here



Volunteers are at the heart of the Partnership. This year 1288 hours of volunteer service were given in a variety of activities. Check out our list of volunteers and thank them for their support.