



DEPC Professional Development Training Calendar July – December 2018

Date/Time Location	Title of Training And Presenter	Description	Cost Audience	Where to Register	Registration Deadline
<p style="text-align: center;">Tuesday, July 24, 2018 9:00am-1:00pm DEPC</p>	<p>Directors & Lead Teachers Connection: Ray and the Sunbeatables: Sun Safety for Preschoolers Joyce West</p>	<p>Skin cancer is the most common type of cancer in the United States. It is estimated that 1 in 5 people will develop skin cancer in their lifetime. Anyone, regardless of skin color, can develop skin cancer. Sunburn during childhood is a major risk factor for melanoma, so it is important for children to develop sun protection habits early in life. Skin cancer can be prevented. Learn several ways to help protect the children in your care from harmful sun rays. (4.0 CH)</p>	<p style="text-align: center;">Free for Preschool Providers and Directors</p>	<p style="text-align: center;">Down East Partnership For Children 252-985- 4300</p>	<p style="text-align: center;">July 17, 2018</p>
<p style="text-align: center;">Tuesday, August 7, 2018 & Tuesday, August 14, 2018 6:00pm-8:30pm DEPC</p>	<p>Guiding Infant Toddler Early Learning using the NC Foundations Teresa Boykin</p>	<p>The NC Foundations for Early Learning and Development is designed to be a resource for educators, families and others involved in early care and education. Come see how this document provides a better understanding of the 5 domains of learning and how early experiences that integrate all areas foster the development of the “whole child”. You will discover ways you can use the NC Foundations as a tool for planning developmentally appropriate experiences that support early learning. (.5 CEU) Please bring your copy of the NC Foundations for Early Learning and Development with you. Note: Must use special registration form for CEU’s to register. Must attend both sessions to receive credit.</p>	<p style="text-align: center;">\$20.00 Infant/ Toddler Teachers</p>	<p style="text-align: center;">Down East Partnership For Children 252-985- 4300</p>	<p style="text-align: center;">July 24, 2018</p>
<p style="text-align: center;">Tuesday, August 7, 2018 6:30pm-8:30pm DEPC</p>	<p>Creating Great Lesson Plans Using the Creative Curriculum Joyce West</p>	<p>Creating lesson plans for your classroom can be easy using the Creative Curriculum. Learn how easy it is to implement your topic into all learning areas and get your class excited about learning. (2.0 CH) Limited to 12 participants.</p>	<p style="text-align: center;">\$5.00 Preschool</p>	<p style="text-align: center;">Down East Partnership For Children 252-985- 4300</p>	<p style="text-align: center;">July 31, 2018</p>



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<p style="text-align: center;">Tuesday, August 21, 2018 6:30pm-8:30pm DEPC</p>	<p style="text-align: center;">It's SIDS Teresa Boykin</p>	<p>This training provides an overview of Sudden Infant Death Syndrome (SIDS), identifies risk factors and describes ways to reduce the risk of SIDS in child care. Participants will receive the needed information to create a Safe Sleep Policy, learn about sleep waivers/documenting sleeping baby and updated research about SIDS. Participants will also be walked through how to complete an unresponsive infant drill and the reason for doing them regularly. (2.0 CH)</p>	<p style="text-align: center;">\$5.00 Infant/ Toddler Teachers</p>	<p style="text-align: center;">Down East Partnership For Children 252-985- 4300</p>	<p style="text-align: center;">August 14, 2018</p>
<p style="text-align: center;">Saturday September 8, 2018 9:00am-3:00pm DEPC</p>	<p style="text-align: center;">NC Foundations Krista Potter</p>	<p>This training provides participants with an introduction to <i>Foundations</i>, North Carolina's new <i>Early Learning and Development</i> expectations, how they are structured, and how to implement them in early childhood setting. The revised Foundations spans birth to age 5 and includes goals, developmental indicators, and strategies in five developmental domains. It can be used to improve teachers' knowledge of child development, guide teachers' plans for implementing curricula and establish goals for children's development and learning that are shared across program services. (.5 CEU)</p> <p>All participants should bring a copy of the new Foundations Handbook (directors have a copy) Note: Must use special registration form for CEU's to register</p>	<p style="text-align: center;">\$20.00 Everyone</p>	<p style="text-align: center;">Down East Partnership For Children 252-985- 4300</p>	<p style="text-align: center;">August 25, 2018</p>



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Tuesday, September 11, 2018 6:30pm-8:30pm DEPC	Increasing Quality with the ITERS-R Today and Everyday Teresa Boykin	Does hearing the term ITERS make you feel anxious? If so this workshop is for you! Learning the scale for the big day is one thing, but maintaining that high level of quality for every other day is what it's really all about! Using pictures from different infant, toddler, and two year-old classrooms participants will break down the Infant Toddler Environment Rating Scale into manageable parts, discussing indicators in detail. Participants will have opportunities to ask questions and get ready to return to their programs more confident and informed. (2.0 CH)	\$5.00 Infant/ Toddler Teachers	Down East Partnership For Children 252-985- 4300	September 4, 2018
Tuesday, , October 23, 2018 5:30pm- 8:30pm DEPC	Be Active Kids Krista Potter	Be Active Kids is a signature program of the Blue Cross and Blue Shield of North Carolina Foundation and the only comprehensive physical activity based program dedicated to improving the health and development from birth to five in NC. In collaboration with the Frank Porter Graham Child Development Institute at UNC, Be Active Kids have developed an extensive, evidence-based Movement Guide. This guide is largely focused on fundamental motor skill development and movement concepts. This training is aimed at improving physically active life experiences as children develop motor skills through various activities. (3.0 CH)	\$5.00 Everyone	Down East Partnership For Children 252-985- 4300	September 11, 2018
Tuesday, September 25, 2018 6:30pm-8:30pm DEPC	Music for the Non-Musical Joyce West	Music comes naturally for some people. They sing spontaneously, making up rhymes and songs throughout the day. For others, music can be a source of frustration and embarrassment. From a child's viewpoint, music is a mode of creative expression through voice, movement, listening and playing instruments. Learn easy age appropriate ways to use music with young children in ways that will work for adults with and without musical talents. (2.0 CH)	\$5.00 Everyone	Down East Partnership For Children 252-985- 4300	September 18, 2018



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<p style="text-align: center;">Tuesday, October 2, 2018 6:30pm-8:30pm DEPC</p>	<p style="text-align: center;">Developmental Screening for Infant/Toddlers Teresa Boykin</p>	<p>Have you ever been approached by a parent that had concerns about their child’s development? Have you ever struggled with talking to a parent when you had concerns about their child’s development? This training is designed for early childhood educators to provide an overview of monitoring children’s developing milestones and developmental screening. The training will explain your role in developmental monitoring and the importance of promoting developmental screening when there is cause for concern. Participants will learn the difference between developmental monitoring and developmental screening, why each is important in supporting children birth to five, how to communicate effectively with parents and how to assist them through the referral process. (2.0 CH)</p>	<p style="text-align: center;">\$5.00 Infant/ Toddler Teachers</p>	<p style="text-align: center;">Down East Partnership For Children 252-985- 4300</p>	<p style="text-align: center;">September 25, 2018</p>
<p style="text-align: center;">Thursday October 11, 2018 6:30-8:30 DEPC</p>	<p style="text-align: center;">It’s SIDS Teresa Boykin</p>	<p>This training provides an overview of Sudden Infant Death Syndrome (SIDS), identifies risk factors and describes ways to reduce the risk of SIDS in child care. Participants will receive the needed information to create a Safe Sleep Policy, learn about sleep waivers/documenting sleeping baby and updated research about SIDS. Participants will also be walked through how to complete an unresponsive infant drill and the reason for doing them regularly. (2.0 CH) In 2nd floor conference room.</p>	<p style="text-align: center;">\$5.00 Infant/ Toddler Teachers</p>	<p style="text-align: center;">Down East Partnership For Children 252-985- 4300</p>	<p style="text-align: center;">October 4, 2018</p>



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Date/Time Location	Title of Training And Presenter	Description	Cost Audience	Where to Register	Registration Deadline
Saturday, November 17, 2018 10:00am- 3:30pm DEPC	CACFP “Building a Better Menu”	CACFP “Building a Better Menu” This Training is for Cooks, Owners, Directors Stay Tune for the link that give a description and the link to register.	Free	Down East Partnership For Children 252-985- 4300	November 9, 2018
Saturday, November 17, 2018 9:00am-3:00pm DEPC	NC Foundations Krista Potter	This training provides participants with an introduction to <i>Foundations</i> , North Carolina’s new <i>Early Learning and Development</i> expectations, how they are structured, and how to implement them in early childhood setting. The revised Foundations spans birth to age 5 and includes goals, developmental indicators, and strategies in five developmental domains. It can be used to improve teachers’ knowledge of child development, guide teachers’ plans for implementing curricula and establish goals for children’s development and learning that are shared across program services. (.5 CEU) All participants should bring a copy of the new Foundations Handbook (directors have a copy) Note: Must use special registration form for CEU’s to register	\$20.00 Everyone	Down East Partnership For Children 252-985- 4300	November 9, 2018



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Date/Time Location	Title of Training And Presenter	Description	Cost Audience	Where to Register	Registration Deadline
Tuesday, November 20, 2018 6:30pm-8:30pm DEPC	Supporting Breast Feeding Families: A Guide for Early Care Providers Teresa Boykin	Did you know that breastfeeding provides the healthiest start in life for infants, but children who are routinely cared for someone other than their parents are less likely to be breastfed? Learn more about the benefits and risks of breastfeeding and formula use. Identify barriers to breastfeeding in a child care setting and learn ways to reduce barriers and make your program more breastfeeding-friendly. Materials and resources provided by the Carolina Global Breastfeeding Institute will be available to provide information and support for programs and families. Get started on a path to earn the Breastfeeding Friendly Child Care Designation offered by the NC Department of Public Health. This training provides information that supports the ITERS-R subscale: Personal Care Routines. (2.0 CH)	\$5.00 Infant/ Toddler Teachers	Down East Partnership For Children 252-985-4300	November 13, 2018
Tuesday, November 27, 2018 6:30pm-8:30pm DEPC	Preventing Childhood Obesity: Healthy Eating Joyce West	Let's Move! Child Care (LMCC) is part of Let's Move! a comprehensive initiative started by Michelle Obama to help turn the rising tide of childhood obesity in the United States. Child care providers play an important role in helping to develop healthy eating and physical activity habits in young children. The three Let's Move! Child Care goals that relate to healthy eating and nutrition will be the focus of this workshop. (2.0 CH)	\$5.00 Everyone	Down East Partnership For Children 252-985-4300	November 20, 2018
Tuesday, December 11, 2018 6:30pm-8:30pm DEPC	How to Get Parents and Families on Your Team Joyce West	Does the thought of meeting with certain parents sometimes scare you? Do parent meetings seem like drudgery? Learn how to plan and prepare for good and useful parent meetings. Participants will have the opportunity to analyze the way they communicate with parents and develop strategies for building better relationships. (2.0 CH)	\$5.00 School Age	Down East Partnership For Children 252-985-4300	December 4, 2018



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<p>Tuesday, December 18, 2018 6:30pm-8:30pm DEPC</p>	<p>It's SIDS Teresa Boykin</p>	<p>This required training explains all the parts of North Carolina's SIDS Law. Participants will review information about when and how to use the approved waivers, how to best place a baby in bed to sleep, and other "Best Practice" recommendations. During the workshop, participants will get the needed information to create a Safe Sleep Policy, updated research about SIDS, and local health and safety resources. Participants also will be walked through how to complete an unresponsive infant drill and the reason for doing them regularly. (2.0 CH)</p>	<p>\$5.00 Infant/ Toddler Teachers</p>	<p>Down East Partnership For Children 252-985- 4300</p>	<p>December 11, 2018</p>
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