



Child Care Resource and Referral Professional Development Training Calendar January – June 2019

Date/Time Location	Title of Training Presenter	Description	Cost Audience	Where to Register	Registratio n Deadline
Tuesday January 29, 2019 6:30pm-8:30pm DEPC	Social Emotional Milestones- Birth to 36 Months: Building Blocks for Future Learning Teresa Boykin	<p>First, everything is “mine”. Then children learn to take turns, and eventually they learn to share. For infants and toddlers this learning happens through relationships and includes developing a sense of self, a sense of self with others, and learning about feelings. All children need an emotionally secure environment that supports healthy development in this learning domain. This workshop examines social/emotional competence as a vital component of later school readiness. Participants will learn how a responsive caregiver can help the youngest of our children form secure attachments, learn to navigate feelings and emotions, and begin to develop self-regulation and social skills, the building blocks for future learning. This training provides information that supports the ITERS-R subscales: Listening and Talking and Interactions. (2.0 CH)</p> <p>Note: Must use special registration form for CEU’s to register.</p>	\$5.00 Infant/ Toddler Teachers	Down East Partnership For Children 252-985- 4300	January 22, 2019
Thursday January 31, 2019 1:00-5:00 pm DEPC	Building a Better Menu CACFP Contact: Rhea Singh- rsingh@depc.org	<p>DEPC and the Food Program, CACFP, is hosting a training on January 31st for all childcare centers who are currently on a food program. At this training you and your staff will receive training on recipe development, menu redesign and how to serve children high-quality meals on a budget. At the end of this training, participants will feel confident in their ability to meet the new CACFP meal pattern guidelines and will know how to create an exciting menu for children that is affordable, reimbursable, and easy to prepare. Please join us as we <i>Build a Better Menu</i>.</p> <p>Note: Must use special registration form to register.</p>	FREE Owners, Directors, Cooks, Food Preparation Staff	Down East Partnership For Children 252-985- 4300	January 21, 2019
Saturday February 9, 2019 9:00am-2:00pm DEPC	Playground Safety Training Joyce West	<p>This training is the updated version of the North Carolina Playground Safety Training adapted from the 2009 Playground Safety Training created by Dr. Karen DeBord at North Carolina State University. This training continues to reflect Dr. DeBord’s vision while also following the Division of Child Development and Early Education (DCDEE) guidelines and requirements that ensure the safety of each child while in an outdoor learning environment. In this revised training, participants will be given up-to-date content, material, resources, videos and pictures that reflect the standards set up by North Carolina and DEDCEE. (5.0 CH)</p> <p>Note: Must use special registration form for CEU’s to register.</p>	\$20.00 Everyone	Down East Partnership For Children 252-985- 4300	February 1, 2019



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Saturday February 9, 2019 9:00am-3:00pm DEPC	NC Foundations for Early Learning Standards Krista Potter	<p>This training provides participants with an introduction to <i>Foundations</i>, North Carolina’s new <i>Early Learning and Development</i> expectations, how they are structured, and how to implement them in early childhood setting. The revised Foundations spans birth to age 5 and includes goals, developmental indicators, and strategies in five developmental domains. It can be used to improve teachers’ knowledge of child development, guide teachers’ plans for implementing curricula and establish goals for children’s development and learning that are shared across program services. (.5 CEU)</p> <p>Note: Must use special registration form for CEU’s to register.</p>	\$20.00 Everyone	Down East Partnership For Children 252-985- 4300	February 1, 2019
Saturday February 9, 2019 9:00am- 12:00pm DEPC	CPR/ First Aid Cheryl Hawkins	Heartsaver Pediatric First Aid CPR AED is a classroom instructor-led course that teaches students to respond to and manage illnesses and injuries in a child or infant in the first few minutes until professional help arrives. This is a mandatory training required by the DCDEE. Absolutely No Refunds. Must be on time and stay entire class. No exceptions! (3.0 CH)	\$45.00 Everyone	Down East Partnership For Children 252-985- 4300	February 1, 2019
Tuesday February 12, 2019 6:30pm-8:30pm DEPC	School Age Care Environmental Rating Scale - Revised Joyce West	A learning module that provides an in-depth look at school age environments, the importance of interaction, materials, and indicators in the SACERS-Updated assessment. Stop asking, “am I ready?” and instead feel prepared and equipped with knowledge, tools, and strategies to produce a successful SACERS-U score and create an environment that is both appealing and appropriate for the children and the staff. Scared of the dreaded interview? Fear no more!!! Practice here. Participants will engage in strategies and activities that relate their environment to the NC State Education Standards as well as meet the SACERS-U requirements. Through discussion, group activities and Q&A, participants will be able to use the SACERS-U tool to improve their school age program environment by locating resources, additional notes for clarification, analyzing and scoring activities, identifying low scoring items and explaining the interview process. (2.0 CH)	\$5.00 School Age	Down East Partnership For Children 252-985- 4300	February 5, 2019



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Date/Time Location	Title of Training Presenter	Description	Cost Audience	Where to Register	Registratio n Deadline
Wednesday February 13, 2019 6:30pm-8:30pm DEPC	It's SIDS Teresa Boykin	This training provides an overview of Sudden Infant Death Syndrome (SIDS), identifies risk factors and describes ways to reduce the risk of SIDS in child care. Participants will receive the needed information to create a Safe Sleep Policy, learn about sleep waivers/documenting sleeping baby and updated research about SIDS. Participants will also be walked through how to complete an unresponsive infant drill and the reason for doing them regularly. (2.0 CH)	\$5.00 Infant/ Toddler Teachers	Down East Partnership For Children 252-985- 4300	February 6, 2019
Wednesday February 20, 2019 6:30pm-8:30pm DEPC	Partnering with Families to Address Challenging Behaviors: We are in this together!!! Dinah Arthur	When a child uses challenging behaviors at school, parents and teachers need to work together to address the issue. However, when discussing behavior problems parents often feel blamed by the teachers and teachers often feel unsupported by the parents. This session focuses on developing strategies and skills to make these conversations more productive for everyone...especially the child! Participants will learn how to set the stage for and successfully conduct these difficult conversations with parents. (2.0 CH)	\$5.00 Preschool Teachers	Down East Partnership For Children 252-985- 4300	February 13, 2019
Saturday March 16, 2019 9:00am-2:00pm DEPC	Pyramid Model Nicole Randall	The research is pretty clear: social-emotional competencies are a key component to success in life and learning, and are most easily developed during early childhood. The Pyramid Model is a powerful framework early childhood teachers can use to promote social-emotional development and prevent challenging behaviors. During this overview seminar, participants will gain a deeper understanding of the importance of healthy social emotional development in young children, factors that influence behaviors, and causes of challenging behaviors in young children. A variety of tools, props, and activities will help participants understand and begin to implement each component of the Pyramid Model. (0.5 CEU)	\$20.00 Everyone	Down East Partnership For Children 252-985- 4300	March 8, 2019
Saturday March 16, 2019 9:00am-12:00pm DEPC	First Aid CPR Cheryl Hawkins	Heartsaver Pediatric First Aid CPR AED is a classroom instructor-led course that teaches students to respond to and manage illnesses and injuries in a child or infant in the first few minutes until professional help arrives. This is a mandatory training required by the DCDEE. Absolutely No Refunds. Must be on time and stay entire class. No exceptions! (3.0 CH)	\$45.00 Everyone	Down East Partnership For Children 252-985- 4300	March 8, 2019



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Saturday March 16, 2019 9:00am- 12:00pm DEPC	Basic School Age Care (BSAC) Joyce West	BSAC is a 5 hour introductory level training event for school age care professionals that are new to the field. The training includes the following modules: 1) Health, Safety, & Nutrition, 2) Environmental Design, 3) Child/Youth Development, 4) Developmentally Appropriate Activities, 5) Guiding Child Behavior, and 6) Quality School Age Care. This training is required by the NC Division of Child Development for school age professionals working in licensed programs but is a great training for new staff in any afterschool program setting. (5.0 CH)	\$25.00 Everyone	Down East Partnership For Children 252-985- 4300	March 8, 2019
Wednesday March 20, 2019 6:30pm-8:30pm DEPC	Temperament of Infants Toddlers: Understanding and Supporting Individual Differences Teresa Boykin	We all have our own way of adapting and responding to the world around us. Are you distractible or persistent, sensitive or easy going? These characteristics describe temperament. During this workshop, we'll learn about 9 temperament traits and 3 large categories used to describe most infants and toddlers. Strategies on how to care for children based on their temperament type will be shared. We will also discuss the "goodness of fit" between your own temperament and the infants and toddlers in your care and explore the role of culture as it relates to temperament. By understanding temperament, caregivers can provide the supports needed to help every infant and toddler feel safe and secure in the child care setting. This training provides information that supports the ITERS-R subscales: Space and Furnishings, Listening and Talking and Interactions and Program Structure. (2.0 CH)	\$5.00 Infant/ Toddler Teachers	Down East Partnership For Children 252-985- 4300	March 13, 2019
Tuesday March 26, 2019 6:30pm-8:30pm DEPC	Early Childhood Environment Rating Scale (ECERS) Joyce West	This ECERS-R assessment tool will give a good picture of what should be happening every day in every high quality childcare center. This training will show you how to use this tool so that you can assess your own class, know where your weak areas are and improve so that you can score the highest possible score when the assessor comes. This is a good class for center directors to attend so that you can know how to go into any classroom in your center and score it correctly. (2.0 CH)	\$5.00 Preschool Teachers	Down East Partnership For Children 252-985- 4300	March 19, 2019



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Date/Time Location	Title of Training Presenter	Description	Cost Audience	Where to Register	Registratio n Deadline
Wednesday April 3, 2019 6:00pm-8:30pm DEPC	Darkness to Light: Stewards of Children Kia Glossen	Darkness to Light is an international nonprofit organization that seeks to protect children from sexual abuse by placing the responsibility squarely on adult shoulders. We educate adults to prevent, recognize, and react responsibly to child sexual abuse. The information provided is not a substitute for the advice of professionals. It does not teach a guaranteed method of identifying perpetrators. It is not intended as a therapeutic tool. The training alone does not address all policy issues for your organization. Its purpose is to equip you with simple, proactive steps to protect children from sexual abuse. (2.0 CH)	\$5.00 Everyone	Down East Partnership For Children 252-985- 4300	March 27, 2019
Wednesday April 17, 2019 6:30pm-8:30pm DEPC	It's SIDS Teresa Boykin	This training provides an overview of Sudden Infant Death Syndrome (SIDS), identifies risk factors and describes ways to reduce the risk of SIDS in child care. Participants will receive the needed information to create a Safe Sleep Policy, learn about sleep waivers/documenting sleeping baby and updated research about SIDS. Participants will also be walked through how to complete an unresponsive infant drill and the reason for doing them regularly. (2.0 CH)	\$5.00 Infant/ Toddler Teachers	Down East Partnership For Children 252-985- 4300	April 10, 2019
Wednesday April 23, 2019 6:30pm-8:30pm DEPC	National Association of Education of Young Children (NAEYC) Code of Ethics Joyce West	The National Association of Education of Young Children (NAEYC) recognizes that those who work with young children face many daily decisions that have moral and ethical implications. The NAEYC Code of Ethical Conduct offers guidelines for responsible behavior and sets forth a common basis for resolving the principal ethical dilemmas encountered in early childhood care and education. The primary focus of the Code is on daily practice with children and their families in programs for children from birth through 8 years of age. (2.0 CH)	\$5.00 Everyone	Down East Partnership For Children 252-985- 4300	April 16, 2019
Wednesday May 8, 2019 6:30pm-8:30pm DEPC	Promoting Acceptance of Diversity Takisha Jones	This training is designed to challenge teachers to go a little deeper with promoting diversity within the preschool classroom setting. It looks at the ECERS but also using the latest research and information on the Anti-Bias Curriculum and references the information within the Cultural Competence Breakthrough Series from WSSU. Participants will be able to define diversity and identify diversity within the preschool classroom setting. (2.0 CH)	\$5.00 Everyone	Down East Partnership For Children 252-985- 4300	May 1, 2019



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Date/Time Location	Title of Training Presenter	Description	Cost Audience	Where to Register	Registratio n Deadline
Wednesday May 15, 2019 6:30pm-8:30pm DEPC	Causes of Misbehavior: Why do they act that way? Tracy Pittman	Why do some children come to depend on challenging behaviors while others discover better, more effective ways to get what they want? Generally, children use negative behavior when they lack the skills that would help them meet their needs. Teachers who take time to assess the reason for misbehavior are better able to teach children new social-emotional skills. This session focuses on the common reasons that children misbehave, a crucial first step in determining how to prevent/reduce challenging behaviors. (2.0 CH)	\$5.00 Everyone	Down East Partnership For Children 252-985- 4300	May 8, 2019
Wednesday May 22 & May 29 6:00pm- 8:30pm DEPC	Designing High Quality Infant Toddler Care Environments Teresa Boykin	In some settings you feel relaxed, comfortable, and free to open up and be yourself. In other places you feel formal, stiff, and a little on guard. In thoughtfully planned environments children feel a sense of belonging and security. The child's care environment conveys messages about what is okay and what is not, what is expected or allowed, and what is encouraged. We will explore the second level of the CSEFEL Pyramid Model in order to understand how to design high quality environments to meet the needs of infants and toddlers. This training provides information that supports the ITERS-R subscales: Space and Furnishings, Listening and Talking, Activities and Interactions and NCFELD Domain: Emotional and Social Development. (5.0 CH) Note: Must use special registration form for CEU's to register. Must attend both sessions to receive credit.	\$20.00 Infant/ Toddler Teachers	Down East Partnership For Children 252-985- 4300	May 15, 2019
Tuesday/ Wednesday May 28 & May 29, 6:00pm- 8:30pm DEPC	Think Outside the Cube – Math and Science for Afterschool: Get the WOW Factor Joyce West	Have dust bunnies become your school age children's science experiments? Do you struggle with how to incorporate math and science into other learning centers and keep children engaged in the activities? Are your centers suffering from the "ho-hum" syndrome because you are out of ideas? If so, this one's for you! Engage your mind in a new direction using everyday materials that will excite the children's natural curiosity...and maybe yours too! Be prepared to have fun as we explore fresh ideas that are quick and easy. This event is designed to provide you the tools you need to leave the kids saying "WOW, this is great!" (5.0 CH) Note: Must use special registration form for CEU's to register. Must attend both sessions to receive credit.	\$20.00 Everyone	Down East Partnership For Children 252-985- 4300	May 21, 2019



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Wednesday June 5, 2019 & June 12, 2019 6:30pm-8:30pm DEPC	Emergency Preparedness Krista Potter	This is a required training for all Child Care Home Providers and Centers-Revised version. Emergency Preparedness and Readiness in Child Care is a training approved by the Division on creating an Emergency Preparedness and Readiness Plan and practicing, responding to, and recovering from emergencies in child care facilities. (5.0 CH)	\$10.00 Administration	Down East Partnership For Children 252-985- 4300	May 29, 2019
Tuesday June 18, 2019 6:30pm-8:30pm DEPC	It's SIDS Teresa Boykin	This required training explains all the parts of North Carolina's SIDS Law. Participants will review information about when and how to use the approved waivers, how to best place a baby in bed to sleep, and other "Best Practice" recommendations. During the workshop, participants will get the needed information to create a Safe Sleep Policy, updated research about SIDS, and local health and safety resources. Participants also will be walked through how to complete an unresponsive infant drill and the reason for doing them regularly. (2.0 CH)	\$5.00 School Age	Down East Partnership For Children 252-985- 4300	June 11, 2019



Receipt

DEPC Professional Development Workshop Registration Form

Registration Procedure By Mail: Complete all information on the registration form. Please call to verify that we have received your registration and your name has been put on the registration form. Send form and payment (check or money order) to: **Down East Partnership for Children, PO Box 1245, Rocky Mount, NC 27802.**

In Person: Visit the Down East Partnership for Children and ask to register for the workshops. (Check, Money Order, Cash-Exact Change Required). **By Phone:** For FREE trainings, you may call the office at 252-985-4300 and register.

Name: _____ Phone: _____ Email: _____

Address: _____ City: _____ State: _____ Zip Code _____ County: _____

Name of Home or Center: _____ Age group you work with: _____

X Here	Date	Workshop Title/Target Audience	Time	Location	Cost	Registration Deadline
	Tuesday January 29, 2019	Social Emotional Milestones – Birth to 36 Months: Building Blocks for Future Learning <i>(Infant/Toddler Teachers)</i> Note: Must use special registration form to register.	6:30pm-8:30pm	DEPC	\$5.00	January 22, 2019
	Thursday January 31, 2019	Building A Better Menu (CACFP) (Owners, Directors, Cooks, Food Preparation Staff) Note: Must use special registration form to register. Contact person Rhea Singh: rsingh@depc.org	1:00pm-5:00 pm	DEPC	FREE	January 21, 2019
	Saturday February 9, 2019	Playground Safety Training <i>(Everyone)</i> Note: Must use special registration form to register.	9:00am-2:00pm	DEPC	\$20.00	February 1, 2019
	Saturday February 9, 2019	NC Foundations for Early Learning Standards <i>(Everyone)</i> Note: Must use special registration form for CEU's to register.	9:00am-3:00pm	DEPC	\$20.00	February 1, 2019
	Saturday February 9, 2019	CPR First Aid <i>(Everyone)</i>	9:00am-12:00pm	DEPC	\$45.00	February 1, 2019
	Tuesday February 12, 2019	School Age Care Environmental Rating Scale – Revised <i>(School Age)</i>	6:30pm-8:30pm	DEPC	\$5.00	February 5, 2019
	Wednesday February 13, 2019	IT'S SIDS <i>(Infant/Toddler Teachers)</i>	6:30pm-8:30pm	DEPC	\$5.00	February 6, 2019
	Wednesday February 20, 2019	Partnering with Families to Address Challenging Behaviors: We are in this together!!! <i>(Preschool Teachers)</i>	6:30pm-8:30pm	DEPC	\$5.00	February 13, 2019
	Saturday March 16, 2019	Pyramid Model <i>(Everyone)</i>	9:00am-2:00pm	DEPC	\$20.00	March 8, 2019
	Saturday March 16, 2019	Basic School Age Care (BSAC) <i>(School Age)</i>	9:00am-2:30pm	DEPC	\$25.00	March 8, 2019
	Saturday March 16, 2019	CPR First Aid <i>(Everyone)</i>	9:00am-12:00pm	DEPC	\$45.00	March 8, 2019
	Wednesday March 20, 2019	Temperament of Infants and Toddlers: Understanding and Supporting Individual Differences <i>(Infant/Toddler Teachers)</i>	6:30pm-8:30pm	DEPC	\$5.00	March 13, 2019
	Tuesday March 26, 2019	Early Childhood Environment Rating Scale (ECERS) <i>(Preschool Teachers)</i>	6:30pm-8:30pm	DEPC	\$5.00	March 19, 2019
	Wednesday April 3, 2019	Darkness to Light: Preventing Child Sex Abuse: Keeping Children Safe <i>(Everyone)</i>	6:00pm-8:30pm	DEPC	\$5.00	March 27, 2019

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	Wednesday April 17, 2019	IT'S SIDS <i>(Infant/Toddler Teachers)</i>	6:30pm- 8:30pm	DEPC	\$5.00	April 10, 2019
	Tuesday April 23, 2019	National Association of Education of Young Children (NAEYC) Code of Ethics <i>(Everyone)</i>	6:30pm- 8:30pm	DEPC	\$5.00	April 16, 2019
	Wednesday May 8, 2019	Diversity <i>(Everyone)</i>	6:30pm- 8:30pm	DEPC	\$5.00	May 1, 2019
	Wednesday May 15, 2019	Causes of Misbehavior: Why do they act that way? <i>(Everyone)</i>	6:30pm- 8:30pm	DEPC	\$5.00	May 8, 2019
	Wednesday May 22, 2019 & May 29, 2019	Designing High Quality Infant Toddler Care Environments <i>(Infant/Toddler Teachers)</i> Note: Must use special registration form for CEU's to register. Must attend both sessions to receive credit.	6:00pm- 8:30pm	DEPC	\$20.00	May 15, 2019
	Tuesday May 28, 2019 & Wednesday May 29, 2019	Think Outside the Cube – Math and Science for Afterschool: Get the WOW Factor <i>(Everyone)</i> Note: Must use special registration form for CEU's to register. Must attend both sessions to receive credit.	6:00pm- 8:30pm	DEPC	\$20.00	May 21, 2019
	Wednesday June 5, 2019 & June 12, 2019	Emergency Preparedness <i>(Administration)</i> Must attend both sessions to receive credit.	6:00pm- 8:30pm	DEPC	\$10.00	May 29, 2019
	Tuesday June 18, 2019	IT'S SIDS <i>(Infant/Toddler Teachers)</i>	6:30pm- 8:00pm	DEPC	\$5.00	June 11, 2019