

## Community Resilience Survey 2020

### SAMPLE QUESTIONS

#### Common Language

As we seek to understand how community coalitions/initiatives are engaging in ACEs/Trauma/Resilience work, we are starting with how work is being described. Your answers will inform the development of common language. Establishing common language across sectors and communities will be helpful as the we move toward the development of a statewide framework. In the section below, please respond to the questions as a representative of your community coalition/initiative.

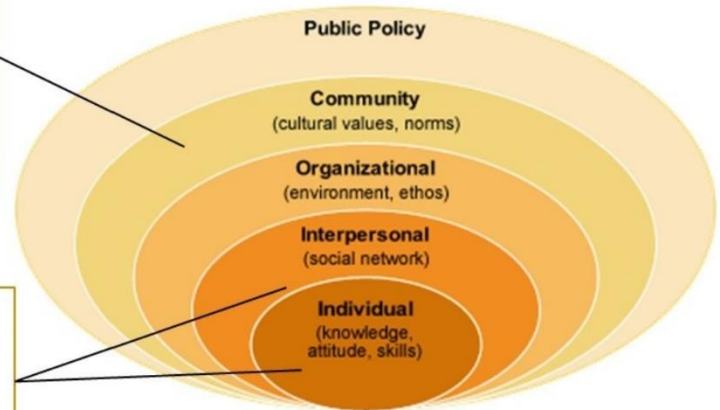
6. What keywords do you use to describe the work of your community coalition/initiative? [check all that apply]

- |   |  |
|---|--|
| <input type="checkbox"/> Adversity                            | <input type="checkbox"/> Wellness                              |
| <input type="checkbox"/> Stress                               | <input type="checkbox"/> Relationship-Based                    |
| <input type="checkbox"/> Toxic stress                         | <input type="checkbox"/> Thriving                              |
| <input type="checkbox"/> Resilience                           | <input type="checkbox"/> Diversity-Informed                    |
| <input type="checkbox"/> Trauma                               | <input type="checkbox"/> Culturally-Responsive                 |
| <input type="checkbox"/> Traumatic stress                     | <input type="checkbox"/> Equity                                |
| <input type="checkbox"/> Adverse childhood experiences (ACEs) | <input type="checkbox"/> Positive Childhood Experiences (PCEs) |
| <input type="checkbox"/> Trauma-Informed                      | <input type="checkbox"/> Connections Matter                    |
| <input type="checkbox"/> Healing                              |  |
| <input type="checkbox"/> Other (please specify)               |  |

# Resilience

**Community Resilience**...the capacity for a collective to support all residents, particularly those historically left out, in recovering and recalibrating from community-level adversity—both acute and chronic. It results from community conditions that promote healing, health, and well-being.

**Individual Resilience**...the ability to rely on personal strengths during times of adversity in order to overcome, adapt, bounce back, and stay in control. It results from individual characteristics, social and environmental protective factors.



9. How well do the definitions in the image above resonate with you?

- A great deal
- A lot
- A moderate amount
- A little
- None at all

12. To what extent does the definition of **individual resilience** align with the work of your community coalition/initiative?

- A great deal
- A lot
- A moderate amount
- A little
- None at all

Please provide additional information about this alignment.

## Your Collaborative's Work - Current Capacity and Future Needs

There are more than 50 coalitions across North Carolina working to reduce ACEs/trauma exposure and increase resilience. Your answers will help us understand the collective power across the state and identify unique needs. In the section below, please respond to the questions about your community coalition/initiative's work.

19. Who are the primary beneficiaries of your community coalition/initiative's work? [check all that apply]

- Prenatal, infants, toddlers, and preschoolers
- School-aged Children Kindergarten - Grade 5
- Middle School Children Grade 6-8
- High School Children Grade 9-12
- Adults 18-24
- Adults 25-64
- Adults 65+
- All/Entire Community
- Other Targeted Groups (please specify)

21. Has your community coalition/initiative used a specific framework/theory/evidence-based model to inform your work? [check all that apply]

- Adverse Community Experiences and Resilience Framework (ACE|R)
- Atrocious Cultural Experiences Framework (Ghosh Ippen)
- Building Community Resilience Framework
- Building Healthy Communities Model
- Diversity Informed Tenets
- Essentials for Childhood Framework
- Mobilizing Action for Resilient Communities (MARC)
- Multi-System Trauma-Informed Approach Framework