

# Halifax – Warren Smart Start 2022 Summer & Fall Training Calendar



P.O. Box 339 / 1139 Roanoke Avenue  
Roanoke Rapids, NC 27870  
Phone: (252) 535-4715  
Fax: (252) 537-9732

# Training Rules: PLEASE READ!

- ❖ Please have your registration and payment for trainings in at least one day prior to the date of the actual training in order to make sure you are registered and for the trainer preparation.
- ❖ Providers should complete all **PRE-ZOOM SURVEYS** prior to trainings upon the request of the trainer.
  - ❖ Please complete all **ZOOM REGISTRATIONS**.
- ❖ Your **CAMERA** must be on throughout the training in order to verify that you are actually participating.
  - ❖ All providers should be actively participate in the training.
- ❖ Participants should make sure that they are muted to avoid any background noises during the trainings and unmuted for group or individual oral response per the training.
- ❖ Complete all **POST-SURVEYS** and **EVALUATIONS** at the end of the trainings. All information should be found in the chat box. This will ensure that you receive your certificates.
- ❖ We will no longer transfer monies to another class if you don't attend the class that you registered for. **NO REFUNDS** or **TRANSFERS**. The only time that we will transfer funds will be if we, the Partnership, cancel the class.
- ❖ If you come to the training more than 10 minutes late you will **NOT** be allowed to attend the training and **NO REFUNDS** or **TRANSFERS** will be given.
- ❖ Please do **NOT** have young children sitting with you while in the training. It is **NOT** developmentally appropriate to have them sit for several hours.
- ❖ Please be respectful of the presenter and your classmates and put your cell phones on vibrate. If you have to take a phone call, please step away from your computer. Also, no side-bars when the presenter is speaking.
- ❖ Please **DO NOT** show-up for a training that you didn't register and pay for. You will **NOT** receive a training certificate or materials.

**Cancellation policy: No refunds or transfers.**

# CPR/First Aid Training



This is a MANDATORY training required by the Division of Child Development and Early Education. First Aid is to be renewed on or before expiration of the certification or every three years, whichever is less. CPR certification is to be renewed on or before expiration of the certification or every two years, whichever is less.

## Location:

Gaston Fire Station

210 Old Emporia Road

Gaston, NC 27832

Monday August 22, 2022

Monday October 17, 2022

Monday December 19, 2022

6:30 pm – 9:30 pm

Fee: \$35.00 per person

Instructor: Mr. Ed Porter

3.0 Contact Hours

## Location:

Warren County Cooperative Extension

158 Rafters Lane

Warrenton, NC 27589

Monday September 19, 2022

Monday November 21, 2022

6:30 pm – 9:30 pm

Fee: \$35.00 per person

Instructor: Mr. Ed Porter

3.0 Contact Hours

NO REUNDS or TRANSFERS

THIS IS AN IN PERSON TRAINING

YOU MUST BE ON TIME AND STAY FOR THE ENTIRE TRAINING.

Wear a mask, Wash your hands, Watch your distance

Masks and Social Distancing Required



# How to Support Breast Feeding in Child Care Centers

The best way child care programs can support nursing mothers, is for providers to be supportive and understanding. Breastfeeding is an important way for mothers to bond with their babies. It's the provider's responsibility to create a quiet and comfortable space for nursing mothers.

Trainer: Eunice Hill, Lead Technical Assistance Coordinator

Wilson County Partnership for Children

Tuesday August 23, 2022 (Virtual)

Time: 6:30-8:00 pm

Price: \$5.00

Contact Hours: 1.5



## ITS SIDS

This training provides an overview of sudden infant death syndrome (SIDS), identifies risk factors and describes ways to reduce the risk of SIDS in childcare. Participants will receive the needed information to create a Safe Sleep Policy, learn about sleep waivers/documenting sleeping baby and updated research about SIDS. Participants will also be walked through how to complete an unresponsive infant drill and the reason for doing them regularly.

Trainer: Jasmine Smith, Regional Infant-Toddler Specialist

Down East Partnership for Children

Wednesday August 31, 2022 (Virtual)

Wednesday September 7, 2022 (Virtual)

Wednesday October 5, 2022 (Virtual)

Time: 6:30 – 8:30 pm

Price: FREE

Contact Hours: 2.0



# Darkness to Light: Stewards of Children

Participants will be able to explain the concepts of making choices, taking risk, and supporting each other as they relate to child sexual abuse. They will be able to describe how protecting children from sexual abuse helps create a healthy community. They will also learn the 5 Steps necessary to protect children from sexual abuse.

Trainer: Bonnie Jean Kuras, M. Ed, Training Specialist

TEDI Bear CAC

Thursday September 8, 2022 (Virtual)

Time: 6:00 – 8:00 pm

Price: \$5.00

Contact Hours: 2.0



## Be Active Kids

Child Care providers play a key role in getting children active by incorporating both adult-led structure and child-led unstructured physical activities into the child's day.

Trainer: Eunice Hill, Lead Technical Assistance Coordinator

Wilson County Partnership for Children

Wednesday September 14, 2022 (Virtual) Part I

Wednesday September 21, 2022 (Virtual) Part II

Time: 6:30-8:00 pm

Price: \$5.00

Contact Hours: 3.0



This is a two part training and participants must complete both part in order to receive a Certificate.

# Promoting Diversity in the Classroom

This training is designed to challenge teachers to go a little deeper with promoting diversity within the preschool classroom setting. It looks at the ECERS Item #28 and also use the latest research and information on the Anti-Bias Curriculum and references the information within the Cultural Competence Breakthrough Series from WSSU. Participants will be able to define diversity and identify diversity within the preschool classroom setting. Participants will gain strategies to use within their preschool classroom to promote diversity. Participants will learn benefits and challenges of promoting diversity within the preschool classroom with information on anti-bias education

Trainer: Takisha R Jones, Family & Consumer Science Teacher & Early Childhood Education Trainer

Southwest High School

Wednesday September 28, 2022 (Virtual)

Time: 6:30-8:30 pm

Price: \$5.00

Contact Hours: 2.0



# Deep Breathing Connection to Calm

This training is geared towards informing, assessing, and providing strategies to support the skill of deep breathing and making the connection to help children learn how to calm themselves. Participants will assess their own responses and reactions in relation to deep breathing by creating an environment that naturally promotes this crucial skill to early social-emotional development. They will learn about the importance of evidence-based research on why breathing with children matters. This training will provide you with the understanding of your relationship with yourself, your children and your teaching team/s.

Trainer: Shaquana Bynum, Regional Healthy Social Behavioral Specialist

Down East Partnership for Children

Tuesday October 4, 2022 (Virtual)

Time: 6:00-8:00 pm

Price: \$5.00

Contact Hours: 2.0



# ACES 101-The Impact, Prevention & Response

- Understand ACES well enough to describe to someone else in general terms.
  - Understand data and implications for self and others.
  - Understand brain development and impact of toxic stress.
- Describe how damage of toxic stress can be passed down from one generation to another through the process of epigenetics.
  - Describe some specific prevention and response strategies.
- Understand that there is hope in RESILIENCE and examine how the brain can be rewired for hope.

Trainer: Bonnie Jean Kuras, M. Ed, Training Specialist

TEDI Bear CAC

Thursday October 13, 2022 (Virtual)

Time: 6:00 – 7:00 pm

Price: \$5.00

Contact Hours: 1.0



## Outdoor Learning Environment Part I

Outdoor Learning is a broad term that includes discovery, experimentation, imagination, learning about and connecting to the natural world.

Trainer: Eunice Hill, Lead Technical Assistance Coordinator

Wilson County Partnership for Children

Tuesday October 25, 2022 (Virtual)

Time: 6:30-8:00 pm

Price: \$5.00

Contact Hours: 1.5





# Flip It

## An Intervention Strategy for Addressing Challenging Behavior

An Intervention Strategy for Addressing Challenging Behavior FLIP IT is a strategy anyone can use to address a challenging behavior. It is a simple kind, strength based, commonsense and effective four step process embodied in the FLIP IT mnemonic: F-Feeling, L-Limits, I-Inquiries, and P-Prompts. FLIP IT transforms best practices into a strategy that is easy to remember, applicable in a variety of challenging situations and portable. FLIP IT may not be rocket science, but it is brain development, and an effective strategy all teachers should know how to use. Come learn how to FLIP your kids instead of flipping your lid.

Trainer: Shaquana Bynum, Regional Healthy Social Behavioral Specialist  
Down East Partnership for Children

Part I: Wednesday November 2, 2022 (Virtual)

Part II: Wednesday November 9, 2022 (Virtual)

Time: 6:00-8:30 pm

Price: \$25.00

Contact Hours: 5.0 / CEU: 0.5

This is a two part training and participants must complete both parts in order to receive a certificate.



# Self-Care for Child Care Providers

Dealing with challenging behaviors, conflicts, parents' demand and organizing of your lessons can be exhausting, and an exhausted teacher cannot be 100% effective. It's important that educators make time to recharge and take time to self-care mentally, physically and spiritually.

Trainer: Eunice Hill, Lead Technical Assistance Coordinator

Wilson County Partnership for Children

Monday November 7, 2022 (Virtual)

Time: 6:30-8:00 pm

Price: \$5.00

Contact Hours: 1.5



## Lighten Your Load-Unpacking Your Invisible Back Pack Workplace Resilience Strategies to Combat Stress

During this presentation, attendees will learn to identify the markers of stress, vicarious trauma and burn-out while giving providers opportunities to manage on the job stress and secondary trauma. This will be done through the introduction of simple, efficient tools that rebalance the nervous system during and after chronic stress.

Trainer: Bonnie Jean Kuras, M. Ed, Training Specialist

TEDI Bear CAC

Thursday November 10, 2022 (Virtual)

Time: 6:00 – 7:00 pm

Price: \$5.00

Contact Hours: 1.0



# How Are You?

## How Am I?

Most preschool teachers are diligent about introducing their students to a large variety of literature and pre-literacy activities, but emotional literacy (the ability to identify, understand and respond to emotions in yourself and others in a healthy manner) is even more basic to school readiness. This training will examine the many benefits to children who gain a strong foundation in emotional literacy, explore simple ways in which you can foster emotional literacy in your classroom, and share some excellent resources for tools and activities teachers can incorporate into their daily classroom curriculum to make intentional teaching of emotions fun and easy.

**Trainer: Shaquana Bynum, Regional Healthy Social Behavioral Specialist**

**Down East Partnership for Children**

**Tuesday December 6, 2022 (Virtual)**

**Time: 6:00-8:00 pm**

**Price: \$5.00**

**Contact Hours: 2.0**



# Promoting Parent Engagement

During this presentation attendees will learn why it is important for parents to engage more in the lives of children.

**Trainer: Bonnie Jean Kuras, M. Ed, Training Specialist**

**TEDI Bear CAC**

**Thursday December 15, 2022 (Virtual)**

**Time: 6:00 - 7:00 pm**

**Price: \$5.00**

**Contact Hours: 1.0**





# Halifax – Warren Child Care Resource & Referral

## 2022 Summer & Fall Training Calendar Registration Form PLEASE PRINT ALL INFORMATION

Name: \_\_\_\_\_

Program Name & Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Please check classes for which you are registering and circle appropriate fee.		COST
<b>AUGUST 2022</b>		
CPR/First Aid – Gaston Fire Station Monday August 22, 2022 6:30 – 9:30 pm		\$35.00
How to Support Breast Feeding in Child Care Centers (Virtual) Tuesday August 23, 2022 6:30 – 8:00 pm		\$5.00
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<b>SEPTEMBER 2022</b>		
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Be Active Kids Part I (Virtual) Wednesday September 14, 2022 6:30 – 8:00 pm		\$5.00
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Be Active Kids Part II (Virtual) Wednesday September 21, 2022 6:30 – 8:00 pm		\$0.00
Promoting Diversity in the Classroom (Virtual) Wednesday September 28, 2022 6:30 – 8:30 pm		\$5.00

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CONTINUED FROM OTHER SIDE



<b>October 2022</b>		
Deep Breathing Connection to Calm (Virtual) Tuesday October 4, 2022	6:00 – 8:00 pm	\$5.00
ITS SIDS (Virtual) Wednesday October 5, 2022	6:30 – 8:30 pm	FREE
ACES 101 – The Impact, Prevention & Response (Virtual) Thursday October 13, 2022	6:00 – 7:00 pm	\$5.00
CPR/First Aid – Gaston Fire Station Monday October 17, 2022	6:30 – 9:30 pm	\$35.00
Outdoor Learning Environment Part I (Virtual) Tuesday October 25, 2022		\$5.00
<b>NOVEMBER 2022</b>		
Flip It Part I (Virtual) Wednesday November 2, 2022	6:00 – 8:30 pm	\$25.00
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