



**Down East  
Partnership for Children**

# Child Care Resource and Referral Core Services Professional Development Training Calendar

*January 2023- June 2023*

*Updated January 11, 2023*

**Down East Partnership for Children** is a nonprofit organization founded in 1993 by citizens concerned about education and economic development of Nash and Edgecombe Counties. It provides a model of services focused on prevention and intervention targeting young children ages 0-8.

**Follow us on Facebook and Twitter!**

For more information about Down East Partnership for Children, visit [www.depc.org](http://www.depc.org)

Down East Partnership for Children Region 14  
Child Care Resource and Referral  
215 Lexington Street  
Rocky Mount, NC 27802  
Telephone: 252-985-4300

Child Care Resource and Referral provides all services in an unbiased manner without regard to race, ethnicity, religion, handicap, and national origin.



The DEPC Child Care Resource and Referral sponsors in-service training monthly to early childhood providers and professionals who work with children birth to twelve years of age.

## Training Announcements

Training announcements will be distributed at least twice per program year. Additional scheduled training information will be sent out separately either via email or postal mail.

## Registration Procedures

Complete all information on the registration form for each registrant. Completed registration form and required payment should be:

- **Received by the stated deadline date**
- **Mailed to Down East Partnership for Children, PO Box 1245, Rocky Mount, NC 27801 (Attention- Professional Development training.)**

**NO REGISTRATION WILL BE ACCEPTED AFTER THE DEADLINE DATE**

## Cost

Payment for trainings must be received on or before the deadline date. Payments can be made via check/money and mailed to DEPC, Attention: Professional Development training. Payment for registration fees include credit hours (contact or CEU), certificate and lunch when specified.

## Credit/Fee transfers

Credit /transfer of payments of fee **will only be given** if a workshop is canceled by the Down East Partnership for Children Child Care Resource and Referral. Registered persons will be notified by telephone/email of cancellation. **No refund given**. Payment can be applied to other scheduled training within the same calendar period.

## Substitution

If you need to make a substitution for a confirmed registration contact **Tracy L Pittman Down East Partnership for Children at (252) 985-4300 ext. 204 at least 48 hours prior** to the scheduled workshops.

No refund/credit is given if you cannot attend a scheduled workshop. Workshops will be rescheduled if there are five or less participants on the registration sheet.

## Cancellation

If you need to cancel your registration contact **Tracy L Pittman Down East Partnership for Children at (252) 985-4300 ext. 204 at least 48 hours prior** to the scheduled workshops.

Down East Partnership for Children reserves the right to cancel a training session if:

- Inclement weather
- Emergency situations (trainer)
- Not enough registrants (10 or less)

**Substitution can only be APPROVED by Tracy L Pittman, do not contact the trainer.**

## Attendance/Arrival

### Face to Face

- Arrive to training on time
  - If you arrive to the training more than 10 minutes late you will not be allowed to attend the training and NO REFUNDS or TRANSFER of fees will be provided.
- Children will not be permitted into the training unless specifically noted on the training flyer that childcare will be provided. No child shall be left unsupervised at any time.
- Registrants must complete the demographical information upon entrance of the training session

### Virtual

- Registration and demographical information must be completed before the training (the exact date will be provided in the email sent by the trainer within 3-5 days of the training).
- Do not share the registration link with others, the link will be sent to all approved registrants of the training. (DO NOT SHARE THE LOGIN INFORMATION)
- Camera must be turned on during the training session.
- It is the registrant's responsibility to make sure the correct email address is provided.

**Training certificates will only be given to participants who complete**

**The pre/post survey  
Pre-work (when applicable)  
Training evaluation  
Entire training session**

## Southwestern On Demand Training Platform

- Southwestern On Demand <http://www.swcdcinc.org>



## Regional Educational trainings/CEU'S

- Infant/Toddler Education Specialist [www.childcareservices.org](http://www.childcareservices.org)
- Healthy Social Behaviors Education Specialist [www.childcareservice.org](http://www.childcareservice.org)
- School Age Education Specialist [www.swcdcinc.org](http://www.swcdcinc.org)
- By mail: Send in completed registration form for the appropriate education specialist workshop with money order or check to the address provided on the registration form.

## Workshop Courtesies

- Trainers reserve the right to dismiss and/or withhold certificates when necessary due to participants' behavior. (not attending entire training/ inappropriate behavior)
- Please respect others and their opinions
- Please set cell phones to vibrate or silent
- When taking virtual training compliance with childcare requirements will be followed. (not allowed to attending training while in the classroom with children)

*All questions related to Professional Development training can be directed to CCR&R Core Services Program Manager, Tracy L Pittman at 252-985-4300 ext. 204 or [tpittman@depc.org](mailto:tpittman@depc.org)*

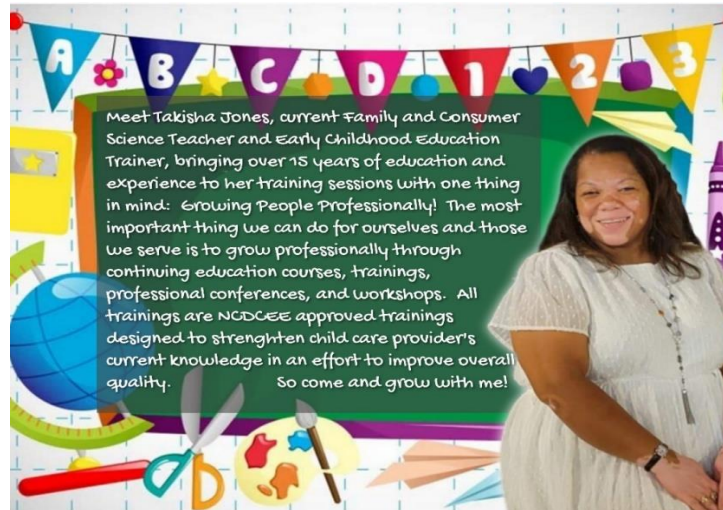
# Meet The Trainers/Presenters

## **Carrie Becker,**

*Transforming Early Childhood Education LLC*

Carrie has 20 years of experience in education with a focus on early childhood and special education. She has a bachelor's degree in elementary and special education and a master's degree in curriculum/instruction. Carrie has taught in traditional and emergent classroom settings in public and independent school learning environments. Since childhood, Carrie knew she wanted to be a mom and a teacher.

Carrie uses her experiences in education as a guide for her educational consulting business- Transforming Early Childhood Education. Carrie is the developer and facilitator of teacher training workshops; she acts as a teacher mentor and creates specialized emergent-based curriculum frameworks. She has a passion for creating environments that foster a love of learning while seeing all children as competent and capable of guiding their educational path



***"Southwest High School 2022 Teacher of the Year"***

## **Jasmine Smith,**

*Birth to Three Quality initiative Specialist*

Jasmine is a former preschool teacher with a vast amount of experience working with children ages 0 to 5. She is currently working on her Master of Education at UNCG. She is here to assist in all Infant and Toddler needs!



***Shewanna Lynch Manning,***

*Quality Improvement Specialist*

Brings over 20 years of experience in working within the community in the area of early childhood education (daycare). Ready to provide quality professional development training and technical assistance Family Child Care homes and School age programs as well as Infant, Toddler & Preschool classroom



***Bonnie Jean Kuras, M. ED.,***

*Training Specialist at TEDU BEAR CAC*

Bonnie Jean Kuras, M. ED., is currently providing education in the recognition, prevention and response to child sexual abuse, Adverse Childhood Experiences, the science of Resilience and Circle of Security Parenting to community members and various agencies in Eastern N.C. Prior to her move to N.C. She spent nearly 30 years as an educator/ adjunct college instructor, elementary and middle school in the state of NH. She was nationally named the Darkness2Light-Stewards of Children Authorized Facilitator of the Year Award for 2021.



***Shaquana Bynum,***

*Regional Healthy Social Behavioral Specialist*

Shay Butter as the children like to call her. Is a former Head Start teacher that now focuses on the providing evidence-based research and relationship base technical assistance and professional development training geared towards social emotional behavior of children ages 0-5 in the early childhood classroom.



***Tracy L Pittman,***

*CCR & R Core Service Program Manager*

*Tracy brings expertise from both regional and migrant Head Start, she serves as the program manager and oversee and provides technical assistance and professional development to Early Childhood Education Professionals (as she likes to refer to childcare providers) within Region 14 (Edgecombe, Halifax, Nash, Warren & Wilson Counties.*





# Professional Development Trainings

## Supporting New Parents

Being a parent is one of the toughest and sometimes loneliest jobs. No one hands you a magical guide that ensures the perfect childhood from birth -adulthood. As early childhood educators, we can be the best resource for new parents. We can help them get through the bumps in the road and celebrate the milestones. In this workshop, teachers will learn how to support parents through the exciting parenthood journey.

**Target Audience:** *Infant - Preschool early childhood professionals*

**NEW DATE: Wednesday February 1, 2023 @ 6:30pm-8:30pm**  
**(Virtual training session)**

*(Capacity limited to 25)*

**Fee and completed registration form must be received by Wednesday, January 25, 2023**

*2 contact hours | Cost \$5.00 per person*

**Trainer:** Carrie Becker, Transforming Early Childhood Education LLC

## North Carolina Sanitation Overview *(Edgecombe County)*

This session will provide an overview of North Carolina Sanitation rules and regulations as related to licensed child care facilities.

**Target Audience:** *All early childhood professionals*

**DATE CHANGE: Wednesday January 25, 2023 @ 6:30 pm - 8:30 pm (Virtual training session)**

*(Capacity limited to 25)*

*2 contact hours | Cost FREE*

**Registration form must be received by Wednesday, January 18, 2023**



## **North Carolina Foundations for Early Learning and Development**

This training provides attendees with resources that can improve their knowledge of child development, guide them through lesson planning implementation, assist in the development and implementation of developmentally appropriate goals and activities for children. This training is required by NC DCDEE for early childhood providers.

**Target Audience:** All early childhood professionals

**Thursday February 9, 2023: 6:00pm-8:30pm (Part 1)** (In person training session)

**Thursday February 16, 2023:6:00pm-8:30pm (Part 2)** (In person training session)

**MUST ATTEND BOTH SESSIONS TO GET FULL CREDIT**

Down East Partnership for Children (Auditorium)

245 Lexington Street Rocky Mount NC

In person- Capacity limited to 15

5 contact hours/.5 CEU-Cost \$25.00 per person (fee covers both sessions)

**Fee and completed registration form must be received by Tuesday January 24, 2023**

**Trainer(s):**

Shewanna L. Manning, Core Quality Improvement Specialist

Tracy L Pittman, CCR & R Core Services Program Manager

## **Director's Leadership Connection**

### **\*D-I-S-H (Directors Implementing Social Emotional Health)**

Join us for an information-packed session that explores the CSEFEL Pyramid model, stresses the importance of social-emotional well-being and reviews resources for directors to share with teachers and parents about understanding and supporting social-emotional development. This is the key to unlocking your center's plan for positive classroom behaviors, school readiness, content parents and happy teachers!

**Target Audience: FOR ADMINISTRATORS & OWNERS ONLY.**

**Wednesday February 15, 2023@ 6:00 pm- 8:00 pm** (In person training session)

Down East Partnership for Children (Auditorium)

245 Lexington Street Rocky Mount NC

In person- Capacity limited to 20

2 contact hours |Cost FREE

**Registration form must be received by Wednesday February 1, 2023**



Trainers:

Shaquana Bynum, Regional F



## **Preventing Power Struggles with Preschoolers**

We all want to be in control of our own lives. But young children usually have very few opportunities to make choices about what they do and when they do it. They're told when to get up, what to wear, what to eat and when to eat it, where to go and what to do when they get there. Introducing choice into a young child's life can be a powerful tool to promote improved behavior in your classroom. Come learn the five steps to using the choice making strategy and discover how easily you can embed choice-making opportunities into your classroom and short-circuit power struggles with your preschoolers.

**Target Audience: Preschool childcare providers**

**Thursday March 9, 2023 @ 2:00 pm -4:00 pm (In person training session)**

*Down East Partnership for Children (Auditorium)*

*245 Lexington Street Rocky Mount NC*

*In person- Capacity limited to 15*

*2 contact hours |Cost \$5.00 per person*

**Fee and completed registration form must be received by Tuesday March 2, 2023**

**Trainer:** Shaquana Bynum, Regional Healthy Social Behavioral Specialist

## **You are Good Enough, Promoting Parent & Caregiver Well Being**

Making sense and meeting the needs of the children we spend time with can be stressful for parents and caregivers; most specifically as we manage the challenges of daily life.

During this presentation participants will be provided:

- Strategies to support your ability to successfully manage responses to stress and "Be There" for children, while modeling managing emotions for children
- Strategies that create secure relationships between adults and children, that will improve relational health across a lifetime
- Insight into enhancing confidence as a parent/caregiver while supporting the development self-esteem in children

**Target Audience: All Early Childcare professional**

**Tuesday March 21, 2023 @ 6:30 pm – 8:30 pm (Virtual training session)**

*Capacity limited to 25*

*2 contact hours |Cost FREE*

**Registration deadline date: Tuesday March 14, 2023**

**Trainer:** Bonnie Jean Kuras, NC CCR& R School Age Initiative Consultant



## **ITS SIDS**

This training provides an overview of sudden infant death syndrome (SIDS), identifies risk factors and describes ways to reduce the risk of SIDS in childcare. Participants will receive the needed information to create a Safe Sleep Policy, learn about sleep waivers/documenting sleeping baby and updated research about SIDS. Participants will also be walked through how to complete an unresponsive infant drill and the reason for doing them regularly.

***Target Audience: Infant & Toddler early childhood professionals***

**Tuesday January 24, 2023 @ 6:30 pm -8:30 pm (Virtual training session)**

*(Capacity limited to 10)*

*2 contact hours | Cost \$5.00 per person*

**Fee and completed registration form must be received by Tuesday January 17, 2023**

**Tuesday February 21, 2023 @ 6:30 pm -8:30 pm (Virtual training session)**

*(Capacity limited to 10)*

*2 contact hours | Cost \$5.00 per person*

**Fee and completed registration form must be received by Tuesday February 14, 2023**

**Tuesday May 23, 2023 @ 6:30 pm -8:30 pm (Virtual training session)**

*(Capacity limited to 10)*

*2 contact hours | Cost \$5.00 per person*

**Fee and completed registration form must be received by Tuesday May 9, 2023**

**Tuesday June 6, 2023 @ 2:00 pm - 4:00 pm (In person training session)**

Down East Partnership for Children  
215 Lexington Street Rocky Mount NC  
*(Capacity limited to 15)*

**Fee and completed registration form must be received by Tuesday May 30, 2023**

*2 Contact hours | Cost \$5.00 per person*

**Trainer:** Jasmine Smith Regional Birth to Three Quality Initiative Specialist

## **Supporting Motor Skill Development**

Supporting Motor Skill Development Gross and fine motor skills are connected. Gross motor skills encompass the large movements of the body, and fine motor skills require precise movements of small muscles. For example, if a child does not have core strength (gross motor), they will struggle with writing (fine motor). Participants will examine the ins and outs of motor skill development using hands-on learning techniques.

**Target Audience:** *Infant -Preschool early childhood professionals*

**Wednesday, June 14, 2023 @ 6:30pm-8:30pm (Virtual training session)**

*(Capacity limited to 25)*

**Fee and completed registration form must be received by Wednesday, June 7, 2023**

*2 contact hours | Cost \$5.00 per person*

**Trainer:** Carrie Becker, Transforming Early Childhood Education LLC



Receipt Number \_\_\_\_\_

**DEPC Professional Development Workshop Registration Form**

**NO REFUNDS/ TRANSFER (ONLY WHEN APPROVED)**

Name: \_\_\_\_\_

Program Name \_\_\_\_\_ Mailing address \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ County: \_\_\_\_\_

Email address: \_\_\_\_\_

(Note: please provide the email address that will be used for the training, as this is the email address that all information related to training will be sent)

<b>Please check classes for which you are registering and circle the appropriate fees. (Submit all sheets- last sheet has totals)</b>					
<b>Training Date</b>	<b>Training title</b>	<b>Training Time</b>	<b>Training location</b>	<b>Cost per person</b>	<b>Registration deadline date</b>
<b>January</b>					
24th	<b>ITS SIDS</b> <i>(Capacity of 15)</i>	6:30pm- 8:30pm	Virtual session	<b>\$5.00</b>	Tuesday January 17, 2023
25 <sup>th</sup>	<b>North Carolina Sanitation Overview (Edgecombe County)</b> <i>(Capacity of 20)</i>	6:30pm- 8:30 pm	Virtual session	<b>FREE</b>	Wednesday January 18, 2023
<b>February</b>					
1st	<b>Supporting New Parents</b> <i>(Capacity of 20)</i>	6:30pm- 8:30 pm	Virtual session	<b>\$5.00</b>	Wednesday, January 25, 2023
9th	<b>North Carolina Foundation for Early Learning (Part 1)</b> <i>(Capacity of 15)</i> <i>Must attend both session for full credit</i>	6:00pm- 8:30 pm	Down East Partnership for Children "Auditorium"	<b>\$25.00</b>	Tuesday January 31, 2023
16th	<b>North Carolina Foundation for Early Learning (Part 1)</b> <i>(Capacity of 15)</i> <i>Must attend both session for full credit</i>	6:00pm- 8:30 pm	Down East Partnership for Children "Auditorium"		
15 <sup>th</sup>	<b>Director's Leadership Connection D-I-S-H-CENTER DIRECTORS/ADMINSTRATORS ONLY)</b>	6:00pm- 8:00 pm	Down East Partnership for Children "Auditorium"	<b>FREE</b>	Wednesday February 1, 2023
21st	<b>ITS SIDS</b> <i>(Capacity of 15)</i>	6:30pm- 8:30pm	Virtual session	<b>\$5.00</b>	Tuesday February 14, 2023
<b>March</b>					
9 <sup>th</sup>	<b>Preventing Power Struggles with Preschoolers</b> <i>(Capacity of 15)</i>	2:00pm- 4:00pm	Down East Partnership for Children "Auditorium"	<b>\$5.00</b>	Thursday March 2, 2023
21st	<b>You Are Good Enough; Promoting Parent &amp; Caregiver Well Being</b> <i>(Capacity of 25)</i>	6:30pm- 8:30pm	Virtual session	<b>FREE</b>	Tuesday March 14, 2023
<b>May</b>					
23rd	<b>ITS SIDS</b> <i>(Capacity of 15)</i>	6:30pm- 8:30pm	Virtual session	<b>\$5.00</b>	Tuesday May 9, 2023
<b>June</b>					
6th	<b>ITS SIDS</b> <i>(Capacity of 15)</i>	2:00pm- 4:00pm	Down East Partnership for Children	<b>\$5.00</b>	Tuesday May 30, 2023
14 <sup>th</sup>	<b>Supporting Motor Skill Development</b> <i>(Capacity of 25)</i>	6:30pm- 8:30pm	Virtual session	<b>\$5.00</b>	Wednesday June 7, 2023

